

**Product Information**  
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**18290 - Fries Sweet Potato Wedge Thin Ridge 10-Cut CN Labeled - Harvest Sp MCF04712**

**UPC: 100-72714-04712-8**

Sales/Marketing	Packaging	Preparation
<p>Fries - Sweet Potato Thin Ridge 10-Cut Wedges - Harvest Splendor. Coated In A Light Batter That Holds Flavor And Crispiness For Significantly Longer.</p> <p>CN Label: CNE</p> <p>Shelf Life: See Date On Packaging, Frozen</p>	<p>Pack Size: 6 / 2.5#</p> <p>MFG#: MCF04712</p> <p>GTIN: 10072714047128</p> <p>Case Cube: 0.78</p> <p>Updated: 9/18/2020</p>	<p>For Best Results, Cook From Frozen State Using Recommended Time And Temperature. Always Cook To Light Golden Color. Do Not Overcook. When Cooking Smaller Amounts, Reduce Cooking Time. Product Must Be Fully Cooked For Food Safety And Quality.</p> <p>Deep Fry: 350°F, Cooking Time: 3-1/4 To 3-3/4 Minutes. Fill Basket One-Third Full (1.5 Lbs) With Frozen Product. Deep Fry.</p> <p>Bake-Conventional: Temp: 425°F, Cooking Time: 28 To 32 Minutes. Preheat Oven. Spread Frozen Product Evenly On A Shallow Baking Pan. Bake, Turning Once For Uniform Cooking.</p>

### Ingredients

Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch-Modified, Potato Starch-Modified. Contains 2% Or Less Of Baking Soda, Dextrin, Extractives Of Paprika And Turmeric (Color), Fiber (Pea, Corn), Molasses Powder (Refiners Syrup, Molasses), Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Xanthan Gum

### Allergy Info

CONTAINS: SOY

## Nutrition Facts

64.000 servings per case

**Serving size 107g, 3.78z**

**Amount per serving**

**Calories 200.0**

**% Daily Value\***

Fat Calories	63.0	
<b>Total Fat</b>	7.0g	11%
Saturated Fat	1.0g	5%
Trans Fat	0.0g	0%
Polyunsaturated Fat	3.0g	
Monounsaturated Fat	3.0g	
<b>Cholesterol</b>	0.0mg	0%
<b>Sodium</b>	250.0mg	10%
<b>Total Carbohydrates</b>	31.0g	10%
Dietary Fiber	2.0g	8%
Total Sugars	10.0g	
Includes	0.0g Added Sugars	
<b>Potassium</b>	330.0mg	9%
<b>Protein</b>	2.0g	4%
<b>Vitamin A</b>	3500.0 IU	70%
<b>Vitamin C</b>	9.0mg	15%
<b>Calcium</b>	40.0mg	4%
<b>Iron</b>	0.7mg	4%

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### School Equivalents

Serving Size	107g, 3.78z
Meat/Meat Alternatives	
Fruit/Vegetables	1/2c
Grain/Bread	
Grains based on	
Child Nutrition	CNE

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its ingredients. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. provide product information, nutritional information and/or list of ingredients solely as a courtesy.

Ingredients are subject to change at the manufacturer's discretion. For the most complete and up-to-date list of ingredients, please refer to the product packaging.