



**USDA Foods  
in Schools**

**110462 - Chicken Strips, Unseasoned, Frozen**  
**Category: Meat/Meat Alternate**



### Product Description

- This item is fully cooked strips of chicken meat with grill marks and a light marinade to retain moisture. The item contains at least 70% white meat content with the remainder coming from dark meat. Each strip is at least 1/2 inch wide and 1 inch long. This item is shipped frozen in 30 pound cases containing six 5-pound or three 10-pound packages.

### Crediting/Yield

- One case of unseasoned chicken strips provides approximately 320 1.5-ounce portions.
- CN Crediting: Approximately 1.5 ounces of unseasoned chicken strips credit as 1 ounce equivalent meat/meat alternate. Confirm individual item crediting by using the CN Label or the product formulation statement.

### Culinary Tips and Recipes

- Unseasoned chicken strips are a versatile ingredient that can be used in a variety of different dishes such as burritos, stir fries, salads, or wraps.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](https://www.healthychildren.org/) or [USDA's Team Nutrition](https://www.usda.gov/team-nutrition).

### Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](https://www.fns.usda.gov/food-safety).

### Nutrition Facts

Serving size: 1.5 ounces (35 g)/1 MMA chicken strips

#### Amount Per Serving

**Calories** 75

**Total Fat** 4g

Saturated Fat 1g

Trans Fat 0g

**Cholesterol** 38mg

**Sodium** 173mg

**Total Carbohydrate** 3g

Dietary Fiber 0g

Sugars 0g

**Protein** 7g

Source: USDA Foods Vendor Labels

**Allergen Information:** No soy or gluten used in the formulation. Please verify allergen information on the product case. For more information about allergens or ingredients, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

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