

**Product Information**  
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**33913 - Macaroni & Cheese Rf - Lol 43284**

**UPC: 100-34500-43284-6**

Sales/Marketing	Packaging	Preparation
Macaroni, Reduced Fat Macaroni And Cheese - Land O Lakes.  CN Label: CNE. Kosher: No. Shelf Life: 3 Months, Frozen.	Pack Size: 6 / 5 #.  MFG #: 43284.  Case Cube: 0.78.  Updated: 12/18/2018	Heat And Serve.

Ingredients
Cooked Enriched Pasta [Water, Semolina, Egg Whites, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid], Reduced Fat American Cheese [Cultured Pasteurized Milk And Skim Milk, Salt, Sodium Phosphate, Contains Less Than 2% Of Lactic Acid, Annatto And Oleoresin Paprika [Color], Vitamin A Palmitate, Enzymes], Water, Maltodextrin, Contains Less Than 2% Of Natural Flavor, Autolyzed Yeast Extract, Butter [Cream, Salt], Food Starch-Modified, Xanthan Gum.
Allergy Info
Contains: Egg, Milk, Wheat.



## Nutrition Facts

80.000 servings per case  
**Serving size 170g 6z 2/3cup**

**Amount per serving**  
**Calories 290.0**

**% Daily Value\***

Fat Calories 99.0	
<b>Total Fat</b> 11.0g	<b>17%</b>
Saturated Fat 6.0g	<b>30%</b>
Trans Fat 0.0g	<b>0%</b>
Polyunsaturated Fat 0.0g	
Monounsaturated Fat 0.0g	
<b>Cholesterol</b> 30.0mg	<b>10%</b>
<b>Sodium</b> 980.0mg	<b>41%</b>
<b>Total Carbohydrates</b> 31.0g	<b>10%</b>
Dietary Fiber 2.0g	<b>8%</b>
Total Sugars 6.0g	
Includes 0.0g Added Sugars	<b>0%</b>
<b>Potassium</b> 0.0mg	<b>0%</b>
<b>Protein</b> 17.0g	<b>34%</b>
<b>Vitamin A</b> 750.0 IU	<b>15%</b>
<b>Vitamin C</b> 0.0mg	<b>0%</b>
<b>Calcium</b> 400.0mg	<b>40%</b>
<b>Iron</b> 1.1mg	<b>6%</b>



School Equivalents	
Serving Size	6 oz
Meat/Meat Alternatives	2 oz
Fruit/Vegetables	
Grain/Bread	1 oz
Grains based on	
Child Nutrition	CNE

\* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its ingredients. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. provide product information, nutritional information and/or list of ingredients solely as a courtesy.

Ingredients are subject to change at the manufacturer's discretion. For the most complete and up-to-date list of ingredients, please refer to the product packaging.