

Product Information
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35190 - Chow Mein Noodles Wg - Yangs 003016

UPC: 008-52724-00301-6

Sales/Marketing	Packaging	Preparation
Noodles - Whole Grain Chow Mein Noodles - Yangs. CN Label: CNE. Kosher: No. Shelf Life: 1 Year, Frozen.	Pack Size: 4 / 2.5 #. MFG #: 85272400301. Case Cube: 0.50. Updated: 06-13-2018	Preparation: Steam, Low Boil, Stir Fry Or Bake Noodles In Oven (If Using Oven Method Open Sauce Packets, Pour Contents Over Noodles, Cover And Bake At 250°F Until Warm). Stir Frequently. You May Cut Noodles With Scissors For Easier Serving. Low Boil Or Steam Sauce Packets. Open And Pour Over Noodles And Mix Together. If Desired, Add Onion, Cabbage Carrots Or Celery.

Ingredients
Ingredients: Noodles: Whole Grain Flour, Bleached Wheat Flour, Water, Soybean Oil, Turmeric And Salt.Sauce: Water, Soy Sauce (Water, Soybeans, Salt, Sugar, Wheat Flour, Extract Of Mushroom), Sugar, Salt, Garlic, Ginger, Green Onion And White Pepper Powder.
Allergy Info
CONTAINS: SOY AND WHEAT
Notes
MADE IN AMERICA!

INFO

Nutrition Facts

80.000 servings per case

Serving size 2.8 oz, 79 g

Amount per serving
Calories 173.0

% Daily Value*

Fat Calories	36.0	
Total Fat	4.0g	6%
Saturated Fat	0.0g	0%
Trans Fat	0.0g	0%
Polyunsaturated Fat	0.0g	
Monounsaturated Fat	0.0g	
Cholesterol	0.0mg	0%
Sodium	554.0mg	23%
Total Carbohydrates	30.0g	10%
Dietary Fiber	3.0g	12%
Total Sugars	2.0g	
Includes	0.0g Added Sugars	0%
Potassium	0.0mg	0%
Protein	4.0g	8%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



School Equivalent	
Serving Size	2.8z,79g
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	2
Grains based on	16
Child Nutrition	CNE

The product information, nutritional information and list of ingredients provided on this website were obtained from the vendor or manufacturer of the product. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. do not perform any independent evaluation of the products, including nutritional value of the food or the contents of its ingredients. eFoodUSA, Inc. and Indianhead Foodservice Dist., Inc. provide product information, nutritional information and/or list of ingredients solely as a courtesy.

Ingredients are subject to change at the manufacturer's discretion. For the most complete and up-to-date list of ingredients, please refer to the product packaging.