

West

October

Monday	Tuesday	Wednesday	Thursday	Friday
Sep 30	Oct 1	Oct 2	Oct 3	Oct 4
Chicken & gravy Mashed potatoes Mixed vegetables Dinner roll	Chicken Tenders Mac & cheese Steamed Green Beans	Cheeseburger Curly fries Calico beans	Ziti Garlic Toast Mini Salad Bar	Lunch Kit Kettle chips Fresh baby carrots
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
Scrambled Eggs & Cheese French toast Sweet Potato Fries	Pulled BBQ Pork Southwestern salad Sun chips	Pizza Fresh greens salad	Build a chicken sandwich Lettuce, Tomato, Cheese Sour Cream & Chive Fries	Homemade chili Crackers Twisted Cheese Breadstick
Oct 14	Oct 15	Oct 16	Oct 17	Oct 18
Chicken alfredo w/pasta Steamed broccoli Breadstick	Taco in a bag Seasoned corn	NO SCHOOL! MEA BREAK		
Oct 21	Oct 22	Oct 23	Oct 24	Oct 25
Chicken & gravy Mashed potatoes Mixed vegetables Dinner roll	Chicken Tenders Mac & cheese Steamed green beans	Cheeseburger Curly fries Calico beans	Cool Lemon Chicken Steamed Brown Rice Steamed peas & carrots	Cheese Bread Marinara Sauce Ceasar Salad
Oct 28	Oct 29	Oct 30	Oct 31	Nov 1
Scrambled Eggs & Cheese French toast Sweet Potato Fries	Pulled BBQ Pork Southwestern salad Sun chips	Pizza Fresh greens salad	Build a chicken sandwich Lettuce, Tomato, Cheese Sour Cream & Chive Fries	Cook's Choice